

Your menu this week

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>Week one 06/09/21 27/09/21 18/11/21 15/11/21 06/12/21</p>	<p>Cheese & tomato pizza (v) (1,3,6) Or Vegetable & bean wrap (vg) (3) ½ baked jacket, baked beans & tomato & cucumber salad Fruit Salad</p>	<p>beef bolognaisse Or Vegetable bolognaisse (vg) Pasta (3), Carrots, green beans Toffee apple wholemeal cookie with ½ glass milk (1,3)</p>	<p>Roast gammon & gravy Or Vegetable & lentil wellington (1,3,11) Roast potatoes Seasonal greens, roasted vegetables Fruit Jelly</p>	<p>Turkey burger in sesame bun (1,3,6,7) Or Quorn burger in a sesame bun (v) (1,3,7,11) Potato wedges, sweetcorn, coleslaw (11) Jam sponge & custard (1,3,11)</p>	<p>Fish fingers (2,3) Or Quorn Sausage (v) (1,3,11) Chips, baked beans, peas Chocolate & orange biscuit with chocolate sauce (1,3)</p>
<p>Week two 13/09/21 04/10/21 01/11/21 22/11/21 13/12/21</p>	<p>Mild mixed bean & potato Curry with 50/50 rice (v) (1) Or Mac & cheese with basil bread (v) (1,3,6,14) Broccoli & carrots Vanilla shortbread (1,3)</p>	<p>Mince beef burrito (1,3) Or Vegetable & mixed bean burrito (vg) (3,6) Sweetcorn, Mexican potato salad, herby wholemeal bread Fruit jelly with cream (1)</p>	<p>Roast turkey, gravy & stuffing (3) Or Cauliflower & lentil bake (v) (1,3) Roast potatoes Kale & carrots Chocolate brownie (1,3,11)</p>	<p>Pork sausages with gravy (1,3,11,12) Or Quorn sausage with gravy (1,3,11) Mash potato (1), savory cabbage & green beans Rice pudding with jam (1)</p>	<p>Fish fingers (2,3) Salmon fishcake, (2,3,14) Or Vegetable fingers with hummus dip (3) (vg) Chips, baked beans, peas Wholemeal banana & apple crumble and custard (1,3)</p>
<p>Week three 20/09/21 11/10/21 08/11/21 29/11/21</p>	<p>Tomato & basil pasta (3) (vg) Or Pepper & spring onion frittata with new potatoes (1,11) Garden peas Seasonal salad, Fruit flapjack cookie (1,3)</p>	<p>Mild turkey katsu with light curry sauce (1,3) Or Vegetable katsu with light curry sauce (1,3,6,11) (vg) 50/50 rice, green beans, carrots Oaty fruit crumble & custard (1,3)</p>	<p>Roast chicken & gravy Or Vegetable & soya minced pie (v) (6,1,11) Roast potatoes, swede & savory cabbage Fruit jelly with cream (1)</p>	<p>Pork & vegetable ragu Or Quorn balls in a tomato sauce (v) (3,11) Pasta (3), broccoli & sweetcorn Fruit sponge with custard (1,3,11)</p>	<p>Battered fish (2,3) Or Roasted pepper & mixed bean quesadilla, tomato salsa (vg) (3) Chips, beans, peas Wholemeal oat cookie with ½ glass milk (1,3)</p>

Available Daily: Handmade Bread, Fresh Salad & Fruit Also Available, Daily Jacket Potatoes with Beans, Cheese (1) Or Tuna Mayonnaise (2,11)

Allergen Key: 1. Milk, 2. Fish, 3. Gluten, 4. Peanuts, 5. Tree nuts, 6. Soya, 7. Sesame, 8. Lupin, 9. Shellfish, 10. Molluscs, 11. Egg, 12. Sulphite, 13. Celery, 14. Mustard
V= vegetarian VG= Vegan MENU IS SUBJECT TO CHANGE *